

FREE **TEMPERATURE EXTREMES TRAINING**

This is a four and a half hour class designed to educate employers and employees on heat and cold stress including signs and symptoms and how to prevent heat and cold stress related injuries and illnesses from occurring. This is a free training developed under the Susan Harwood Grant.







TOPICS TO COVER:

- Risk Factors for Heat Stress in the Workplace
- Heat-Related Illness Symptoms, Response, and First-Aid
- Heat Stress Control Measures and Prevention
- Cold Stress Disorders, Response, and First-Aid
- Cold Stress Prevention in the Workplace

April 18, 2024 8:00 AM - 12:30 PM

CO+HOOTS Coworking Space 221 East Indianola Avenue Phoenix, AZ 85012



